

CV

Niki Syrou, Ph.D

Education

I have a Bachelor Degree in Nursing of the National and Kapodistrian University of Athens (1996-2000) and a Master Degree in "Public Health" (MPH) of the National School of Public Health (2008-10) with a final grade "excellent". My postgraduate course is in "Health Standards and Behaviors" and my Diploma Thesis is titled "Genetically Modified Foods and Genetically Modified Organisms".

I also have a Doctor of Philosophy (Ph.D) in Public Health (2010-14) of the National and Kapodistrian University of Athens with a final grade "excellent". My Ph.D thesis is about school safety and hygiene and its title is: "Development, implementation and evaluation of a program to modify risk factors for health and safety in schools".

I have a certified knowledge of computer science and of 2 foreign languages, English (level C2) and French (level B2).

Professional Experience/Background

I worked as a registered Nurse (RN) in Surgery at the Central Clinic of Athens from 05/10/2000 to 02/02/2001, in Intensive Care Unit (ICU) at the General Clinic of Athens from 14/03/2001 to 24/07/2001, in Intensive Care Unit (ICU) at the Henri Dunant Hospital from 25/07/2001 to 03/11/2003, in Intensive Care Unit (ICU) at Attikon Hospital from 04/11/2003 to 26/01/2004. I have been working as a School Nurse at Special Education and Training from 26/01/2004 until today (Karditsa's Special Primary School).

I also had the position of school principal at 2013-14, 2016-17, 2017-18, 2018-19.

Research Interests

Since 2004, I have been working as a School Nurse at Special Education and Training. As a responsible authority in matters of health education and health promotion, I am invited to play an important role for increasing awareness of the school population through health education and health promotion programs. These programs, among other things, have the aim of providing knowledge, form attitudes and modify behaviors that contribute to the creation of safe and healthy teaching conditions. In other words, I work in the development of programs, policies and environments that enable school health.

I was also a coordinator of several health education programs in schools (7). I also participated in a number of conferences and workshops, as well as a speaker in several educational programs for teachers and students, especially about school safety and hygiene and other health issues (about 45 lectures/presentations). My writing concerns the publication of articles in scientific journals (4) and the creation of educational material in school safety and hygiene, approved in 2016 by the Institute of Educational Policy (IEP) and by the Ministry of Education and Religious Affairs for its pedagogical appropriateness. In September 2016, 2017 and 2018 I sent

the educational material electronically to all Greek schools, in order to be implemented (optional) by teachers and pupils as a health education program, an experiential activity or a project.

➤ The above educational action was referred on the website of the National and Kapodistrian University of Athens, as an announcement on 27-01-2017. A similar reference was also made about the educational program on "School Safety and Hygiene", by Olympic Radio Television on 04.01.2018 and on which I was a central speaker (https://www.youtube.com/watch?v=b_supJZC7hU). Finally, reference was made about the above-mentioned educational material through the presentation of the scientific activity of the Faculty of Nursing at the Conference regarding to the 180th anniversary of the National and Kapodistrian University of Athens on 27-11-2017.

I have the role of the evaluator and writer in the journal "Nursing and Research", published by the Society of Nursing Studies. I am also an educator at the Institute of Educational Policy (IEP) and at the Scientific Association for the Promotion of Educational Innovation (EEPEK). In 2018, as an educator at the EEPEK and the IEP, I successfully developed and implemented two online training programmes via an asynchronous and a synchronous tele-education method, respectively, to teachers through the Moodle online platform.

In 2016 and 2018, I attended a full First Aid training program and received certification from the Rescue Training International (RTI).

Since October 2018 I have been attending a mixed (traditional and asynchronous online) learning program titled "Exercise For Health: Group and Personal Training" and implemented by the Faculty of Physical Education and Sport Science at the University of Thessaly.

Articles in Refereed Scientific Journals

Syrou N*, Sourtzi P (2015). *Development, implementation and evaluation of a health education program on school hygiene and safety by a school nurse. Prime*, (8)2, 105-117.

Membership of Professional Bodies/Associations

1. Hellenic Nurses Association (HNA)
 2. Nursing Studies Company
 3. Scientific Association for the Promotion of Educational Innovation (EEPEK)
 4. National Health Education Network
 5. National Register of Executives of the Public Administration of ASEP
 6. Register of Instructors of the Institute of Educational Policy (IEP), Greek Ministry of Education, Research and Religious Affairs
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